

CV James Bennett-Levy

Publications

Books

Hackmann, A., Bennett-Levy, J. & Holmes, E.A. (2011). **The Oxford guide to imagery in cognitive therapy**. Oxford University Press, Oxford.

Bennett-Levy, J., Richards, D., Farrand, P., Christensen, H., Griffiths, K., Kavanagh, D., Klein, B., Lau, M.A., Proudfoot, J., Ritterband, L., White, J. & Williams, C. (Eds) (2010). **The Oxford guide to low intensity CBT interventions**. Oxford University Press, Oxford.

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Book Chapters

Thwaites, R., Bennett-Levy, J., Davis, M. & Chaddock, A. (in press). Using Self-practice and Self-reflection (SP/SR) to enhance competence and meta-competence. To appear in: A. Whittington & N. Grey (eds) **The cognitive behavioural therapist: From theory to clinical practice**. Routledge, London.

Bennett-Levy, J. & Farrand, P. (2010). Low intensity CBT interventions: Models and conceptual underpinnings: Overview. In J. Bennett-Levy, D. Richards, P. Farrand et al. (eds) **The Oxford guide to low intensity CBT interventions** (pp. 1-2). Oxford University Press, Oxford.

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Richards, D.A. & Bennett-Levy, J. (2010). Training low intensity CBT practitioners: Overview. In J. Bennett-Levy, D. Richards, P. Farrand et al. (eds) **The Oxford guide to low intensity CBT interventions** (pp. 415-417). Oxford University Press, Oxford.

Sanders, D. & Bennett-Levy, J. (2010). When therapists have problems: What can CBT do for us? In M. Mueller, H. Kennerley, F. McManus & D. Westbrook (eds). **The Oxford guide to surviving as a CBT therapist** (pp. 457-480). Oxford University Press, Oxford.

Williams, C., Farrand, P. & Bennett-Levy, J. (2010). Guided CBT interventions using written materials: Overview. In J. Bennett-Levy, D. Richards, P. Farrand et al. (eds) **The Oxford guide to low intensity CBT interventions** (pp. 197-199). Oxford University Press, Oxford.

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Bennett-Levy, J. & Thwaites, R. (2007). Self and self-reflection in the therapeutic relationship: A conceptual map and practical strategies for the training, supervision and self-supervision of interpersonal skills. In: P. Gilbert and R. Leahy (eds): **The therapeutic relationship in the cognitive behavioural therapies** (p. 255-281). Routledge, London.

Bennett-Levy, J., Westbrook, D., Fennell, M.J.V., Cooper, M., Rouf, K., & Hackmann, A. (2004): Behavioural experiments: Historical and conceptual underpinnings. In: J. Bennett-Levy et al. (Eds.): **The Oxford guide to behavioural experiments in cognitive therapy** (p. 1-20). Oxford University Press, Oxford.

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Bennett-Levy, J., Hawkins, R., Perry, H. & Cromarty, P. & Mills, J. (2012). Online cognitive behavioural therapy training for therapists: Outcomes, acceptability, and impact of support. **Australian Psychologist, 47, 174-182.**

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Bennett-Levy, J. & Padesky, C. (in preparation): Learning therapist skills: Reflection *is* important.

Bennett-Levy, J., McManus, F., Westling, B. & Fennell, M. (2009). Acquiring and refining CBT skills and competencies: Which training methods are perceived to be most effective? **Behavioural and Cognitive Psychotherapy, 37, 571-583.**

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Fisher, K., Bennett-Levy, J. & Irwin, R. (2003). What a GAS! Action research as a peer support process for postgraduate students. **Ultibase, November, <http://ultibase.rmit.edu.au/Articles/nov03/fisher.pdf>**

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